



Alaina Eldridge

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Today I went to MetLife for the national bring your child to work day. They had many activities set up for us to do that would encourage us to be a positive agent of change. I was able to decorate rocks as kindness rocks to put anywhere. When they walk by the kindness rock make a positive change in their life. I made a rope toy for dogs and they were donated to a shelter to make a positive change even in a dog's life. A police officer came in today to talk to us about being a buddy not a bully. She taught us that cops are here to help us whenever we need them and work hard to keep our community safe. We toured the whole building to see the everyday process of each department. MetLife has many different departments such as Underwriting "the boss department", Sales, Dental, Disability, Auto and Home. I was able to listen to some of the employees take calls and service insurance policies. When they service the policies they can add vehicles, remove vehicles, change address, change payment plan and many other things. I was able to see how much work and effort go into the jobs they do every day to make sure customers are happy and the things people value are safe. I learned today that I need to work hard and always try my best to be my best self to make a positive change in my life and others around me. I understand why people go to work every day to make positive changes and to have the things in life they hope for. I am glad I was able to spend the day with the staff at MetLife, they helped us understand the good things we can do to be positive agents of change.